

CROSSINGKIDS

FLU SAFETY MEASURES

In view of possible mounting risk of the H1N1 flu, CrossingKIDS is taking some precautionary measures during Sunday mornings. This strain seems to spread the same way as any other flu: "The flu virus spreads through the air when a person who has the virus sneezes, coughs, or speaks. The flu can even be passed on if a person touches an object that someone with the virus sneezed or coughed on. People carrying the virus can be contagious 1 day before to 5 days after their symptoms appear. So they can pass it on before they even know they're sick."(kidshealth.org)

WHAT WE WILL DO

Thankfully, we have not had any confirmed cases locally. We are, however, going to take some precautionary measures and be prepared to cut down the risk of passing illness in our classrooms.

- We will be removing toys from the babies', 3's and 4's rooms. This will minimize the chance of passing germs.
- Toys in the 1's and 2's room will be sanitized throughout the morning as they are used.
- Older children will sanitize their hands throughout the morning.
- Parents of children who develop persistent coughs, sneezing or other symptoms during Little Groups will be contacted to pick up their child
- We will be praying for God's wisdom and guidance in our classrooms as this flu strain is more understood.

WHAT YOU CAN DO

Educate your children about washing their hands and covering their mouths with their arm when they sneeze or cough.

If your child is ill with the following symptoms, please keep them at home until symptoms cease: fever, coughing, sneezing, vomiting, diarrhea, sore throat

Even though your child may not have the flu, their coughing and sneezing makes them more susceptible to contracting illness as they are touching their nose and mouth after being around others who may also be sick.

If our area's risk of H1N1 flu increases, we will revisit our precautionary measures and illness procedures.

Thank you for your cooperation in keeping our kids healthy.

Take Care.

Becky Raver